

Puzzle



UNIQUE SEPTEMBER HOLIDAYS

H T N O M Y T E F A S Y B A B M
 F C P I A N O M O N T H Y M V R
 D A H M L P R J B P D L D S M Q
 N Y L I B J H T N O M Y E N O H
 M T J L C P V W J Q N W N D R B
 B V Y K H K Z X Y D I L N Y J D
 M Z T N R A E R L N X J M K L R
 D N Y Y D K T N G Z B B X Q N N
 L Y J X T Z N M M G Y W T N G L
 L L T L J N O R O O K M Y P V X
 R N J R Z N M Q B N N L L N M T
 N Z J V T D M V J G T T D Z Y Q
 Z J W H Z B D Q D P J H H G B Q

BABY SAFETY MONTH
CHICKEN MONTH
FALL HAT MONTH

HONEY MONTH
PIANO MONTH
SEWING MONTH



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SEPTEMBER 2019

1214 Freedom Blvd. Jefferson City, MO 65101 573-634-5408

A Note from the Executive Director

This August marked our 4-year anniversary. We will celebrate this along with National Assisted Living Week, and Grandparents Day with a Luau themed Open House.



We invite you and your family to join us on September 8th from 1-3pm for games, snacks and entertainment.

The symbolism of the September focuses on refocusing our energies. ... Like the other months, its name comes from the ancient Romans. It comes from the Latin language, meaning “seven “. This might strike you as odd, since September is the ninth month of the year. There's so much to love about autumn, and so much to be grateful for and appreciate. Autumn is undoubtedly all about change. This season, more than the others, reminds us that our minds, bodies, and surroundings are always changing. This includes our community as well, as we welcome new residents and staff.

Primrose Staff

Sandy Kliegel

Executive Director

Joyce Patterson

Administrative

Assistant

Janet Lueckenhoff

Sales Director

Brittany Doyel

Director of Nursing

Dawn Collins

Life Enrichment

Doug Fox

Property Maintenance

Monica Scott

Director of

Dining

I've learned that making a "living" is not the same thing as making a "life".

Maya Angelou

Resident Spotlight

Rosa K. was born April 30, 1932 in Piper, Kansas. Rosa and her four siblings moved often because their parents taught at many different schools. In 1950 she graduated from Mendon High School in Northern Missouri and later attended college in Kirksville, Missouri where she studied business. One day, while shopping in the local grocery store, Rosa met the love of her life, Gerald. They were married on March 11, 1951. Together they have two children; Jerry and Jane; five grandchildren and two great-grandchildren. Rosa's husband passed away in October 19, 2014.



Gerald and Rosa both worked on their farm. In Rosa's spare time she made clothes for her children, cleaned and cooked a homemade meal daily, including a minimum of 2 pies a day! Rosa enjoys playing cards and researching her family ancestry. As a result, she was able to find 4 relatives who fought in the Revolutionary War. She is a member of the Daughters of the American Revolution.

Rosa has a very sweet spirit and has been a member of our Primrose family since April 2017.

Employee Spotlight

Monica S. was born on August 7, 1989 in St. Louis, Missouri. She graduated from Jefferson City High School in 2007 and later attended the Missouri Western State University, where she studied accounting.

Monica and her spouse Reili have been married for one year and have three dogs (Luna, Kobe, and Veyo). In her spare time, she enjoys playing basketball and volleyball, food, amusement parks and listening to music. When asked what she loves best about her job, she stated, "I love working in a positive environment and the comfort of knowing I have the support of my co-workers." Monica began her employment as the Dietary Manager on June 4, 2019. She is diligently working to please our residents and meet their dietary needs.



Event Highlight



Bridging the gap is an on-going process from generation to generation. Student leaders from Lincoln University graciously volunteered their time to spend time with our residents. The male leaders participated in our monthly cooking activity with the ladies of Primrose. Both groups had an amazing time participating in the activity while getting to know each other!

A few ladies took a chance and signed up for the August mystery trip. Surprise!!! We visited the Ike Skelton National Guard Museum. This day was full of fun and knowledge. Pictured above, Sharon, Sue, Carmen, Kathy and Joycelyn posed with a soldier and his army helicopter.

Coming Events

PSU: Lifelong Learning
9/3, 9/9, 9/23

Central Presents: Fraud Protection
9/4

Grandparent's Day 9/8

Dinner @ Swaddee Thai Cuisine 8/29

Happy Hour— Thursdays or Fridays at
4 p.m.

Celebrations

BIRTHDAYS

Bob B.-2
Harold R.-7
Ann B.-14
Juanita M.-14
Doris B.-21
Sally V.-24

NEW RESIDENTS

Mary W.
Margaret M.

ANNIVERSARIES

Ron & Ann B.
66 years — 8th

SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 WC Walking w/ Friends</p> <p>2:00 C 1st Presbyterian Church</p> <p>3:00 B Ice Cream & Cookies</p> <p>4:00 B Reminisce About Your Favorite Birthday</p>	<p>1 Happy B-Day Bob B./Labor Day</p> <p>10:00 B Rummykub</p> <p>1:00 WC Walking w/ Friends</p> <p>1:30 T Movie</p> <p>6:00 B Hand & Foot</p>	<p>2</p> <p>9:00 B Morning Coffee</p> <p>11:00 WC Sit & Be Fit</p> <p>2:00 P Out of this World: The ISS Presentation</p> <p>3:00 P Dime Bingo</p> <p>6:00 P Guessing Jar</p> <p>6:00 T Movie</p>	<p>3</p> <p>9:00 C Catholic Mass</p> <p>9:30 PSU-The ISS Documentary</p> <p>10:00 B Cooking Activity</p> <p>1:30 T Movie</p> <p>1:30 B Pitch</p> <p>2:00 P Central Bank : Fraud Presentation</p> <p>2:30 WC Fitness Class</p> <p>3:00 Hy-Vee/Bank Run</p>	<p>4</p> <p>9:30 P Muffins & Coffee</p> <p>10:00 P Dime Bingo</p> <p>1:30 T Classic TV Shows</p> <p>2:00 MC Beer & Billiards</p> <p>2:00 B Hand & Foot</p> <p>4:00 PSU-Packing for a Trip to Mars</p> <p>6:00 P Dominoes</p>	<p>5</p> <p>9:30 B Phase Ten</p> <p>10:30 WC Silver Sneakers</p> <p>1:00 C Divine Mercy Chaplet</p> <p>1:30 T PSU-Movie- Hidden Figures</p> <p>4:00 P Happy Hour</p> <p>6:00 B Uno</p>	<p>6</p> <p>Happy B-Day Harold R.</p> <p>9:00 GC Men's Coffee Social</p> <p>10:00 B Color Me Calm</p> <p>1:30 T PSU-Movie Armegeddon</p> <p>2:00 B Hand & Foot</p>
<p>Grandparent's Day</p> <p>10:00 B Puzzle Punchers</p> <p>1:00 Luau on the Lawn</p> <p>2:00 Luau on the Lawn</p>	<p>8</p> <p>Assisted Living Week</p> <p>10:00 P PSU- Seven Wonders of the Natural World Presentation</p> <p>1:30 T Movie</p> <p>2:30 WC Balance Class</p> <p>3:00 P Learning Lecture</p> <p>4:00 Wine & Cheese on the Patio</p> <p>6:00 P Dominoes</p> <p>6:00 B Hand & Foot</p>	<p>9</p> <p>10:00 T Bible Study</p> <p>10:30 Flamingo Toss</p> <p>2:00 P PSU- Unbelievable Places that Actually Exist</p> <p>3:00 P Dime Bingo</p> <p>4:15 C Songs of Praise</p> <p>6:00 T Movie</p> <p>6:15 B Art w/ Becky</p>	<p>10</p> <p>9:00 C Holy Communion/Rosary</p> <p>9:30 B Crafting w/ Carolyn</p> <p>10:00 Wal-Mart/Bank Run</p> <p>1:30 T Movie</p> <p>1:30 B Pitch</p> <p>2:30 WC Fitness Class</p> <p>3:00 P PSU-Travel Show-N-Tell</p> <p>6:00 C Bible Study</p>	<p>11</p> <p>9:30 P Cookies & Conversation</p> <p>10:00 P Dime Bingo</p> <p>11:00 WC Sit & Be Fit</p> <p>2:00 B Hand & Foot</p> <p>4:00 P Luau Happy Hour w/ Bernard Ross</p> <p>6:00 B Rummykub</p>	<p>12</p> <p>Chocolate Milk Shake Day</p> <p>10:00 B Rack-O</p> <p>10:30 WC Silver Sneakers</p> <p>1:30 T PSU-Movie-Hercules</p> <p>2:00 P Scavenger with Phoenix</p> <p>3:00 P Chocolate Milk Shakes</p> <p>6:00 P Pinochle</p> <p>6:00 P Dominoes</p>	<p>13</p> <p>Happy B-Day Ann B. & Juanita M.</p> <p>9:00 GC Men's Coffee Social</p> <p>10:00 B Jewelry Making</p> <p>1:30 T Movie</p> <p>2:00 P Poker</p> <p>2:00 B Hand & Foot</p>
<p>National Rehab Week</p> <p>11:00 WC Wii Tennis</p> <p>2:00 C Music & Devotion w/ 1st Baptist Church</p> <p>3:00 B Root Beer Floats</p> <p>4:00 WC Bean Bag Toss</p>	<p>15</p> <p>Nat'l Women's Friendship Day</p> <p>8:30 GC Women's Friendship Breakfast</p> <p>10:00 MC Billiards</p> <p>1:30 C United Methodist Church</p> <p>1:30 T Movie</p> <p>2:30 WC Free Balance Assessment</p> <p>6:00 B Hand & Foot</p>	<p>16</p> <p>10:00 B Nail Polish Party</p> <p>11:00 WC Walking w/ Friends</p> <p>2:00 WC Bag Toss Tournament</p> <p>3:00 P Candy Bingo</p> <p>6:00 P Trivia Tuesday</p> <p>6:00 T Movie</p>	<p>17</p> <p>9:00 C Holy Communion/Rosary</p> <p>9:30 B Jewelry Making</p> <p>10:00 Hy-Vee/Bank Run</p> <p>1:30 B Pitch</p> <p>2:30 WC Fitness Class</p> <p>3:30 P September Birthday Party</p> <p>6:00 P Dominoes</p>	<p>18</p> <p>9:30 P Donuts w/ Rehab Care</p> <p>10:00 P Dime Bingo</p> <p>2:00 WC Tune-Up Clinic w/ Rehab Care</p> <p>2:00 B Hand & Foot</p> <p>3:00 B Pinochle</p> <p>4:00 Dinner @ Swaddee Thai Cuisine</p> <p>6:00 FS Fireside Chat</p>	<p>19</p> <p>10:00 P Rummykub</p> <p>10:30 WC Silver Sneakers</p> <p>1:30 T Movie</p> <p>1:30 FS MRRL Bookmobile</p> <p>2:00 P PSU-Disruptive Innovations</p> <p>4:00 P Toast to Therapy Happy Hour</p> <p>6:00 B Uno</p>	<p>20</p> <p>Happy B-Day Doris B.</p> <p>9:00 GC Men's Coffee Social</p> <p>10:00 B Game Day</p> <p>1:30 T Movie</p> <p>2:00 B Hand & Foot</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 WC Walking w/ Friends</p> <p>1:30 P Pinochle</p> <p>3:00 B Ice Cream Sundaes</p> <p>6:00 P Dominoes</p>	<p>10:00 PD Creative Writing</p> <p>10:30 WC Wii Bowling</p> <p>1:30 T Movie</p> <p>2:30 WC Balance Class</p> <p>3:00 P PSU- Boys in the Boat Presentation</p> <p>4:00 P New Resident Social</p> <p>6:00 B Hand & Foot</p>	<p>Happy B-Day Sally V.</p> <p>10:00 PD Book Club</p> <p>10:00 B Coffee Social</p> <p>1:30 T Movie-The Boys of 1936</p> <p>3:00 P Dime Bingo</p> <p>4:15 C Songs of Praise</p> <p>6:00 T Movie</p> <p>6:15 B Art w/Becky</p>	<p>9:00 C Holy Communion/Rosary</p> <p>10:00 B Scriptures for the Heart</p> <p>10:00 Wal/Mart/Bank Run</p> <p>1:30 B Pitch</p> <p>3:00 P PSU- Word of "Inspiration"</p> <p>4:00 WC Chair Volleyball</p> <p>6:00 C Bible Study</p>	<p>9:30 P Pastries in the Pub</p> <p>10:00 P Dime Bingo</p> <p>11:00 WC Sit & Be Fit</p> <p>2:00 B Hand & Foot</p> <p>4:00 P Happy Hour w/ Bernard Ross</p> <p>6:00 B Rummykub</p>	<p>10:00 B Phase Ten</p> <p>10:30 WC Silver Sneakers</p> <p>1:30 T Movie</p> <p>2:30 P PSU-The Boys on the Boat Discussion</p> <p>6:00 P Dominoes</p> <p>6:00 B Trivia Night</p>	<p>9:00 GC Men's Coffee Social</p> <p>9:30 B Fall Centerpieces</p> <p>1:30 T Movie</p> <p>2:00 P Poker</p> <p>2:00 B Hand & Foot</p> <p>6:15 African Children's Choir</p>
<p>10:30 WC Wii Bowling</p> <p>1:00 B Card Games</p> <p>3:00 B Ice Cream Sandwiches/Bars</p> <p>6:00 B Rack-O</p>	<p>10:00 P Scrabble</p> <p>11:00 AL Music Monday</p> <p>1:00 WC Walking w/ Friends</p> <p>1:30 T Movie</p> <p>4:00 P Town Hall Meeting</p> <p>5:45 Bingo @ St. Martins</p> <p>6:00 B Hand & Foot</p>	<p>AL Assisted Living Lounge</p> <p>B Bistro</p> <p>C Chapel</p> <p>FS Fireside Lounge</p> <p>GC Garden Cafe</p> <p>MC Man Cave</p> <p>P Pub</p> <p>PD Private Dining Room</p> <p>T Theater</p> <p>WC Wellness Center</p>				